

# Sewing Tutorial



## Task

To make Christmas Beanies for premature and sick newborns in the neonatal unit for the Festive season.

## Size:

Small Premature Baby – 6½" circumference, 3" high

## Material:

4ply baby soft wool (yarn)  
4mm needles

## Pattern abbreviations:

Alt = Alternate(ing), Beg = Begin(ning), Cont = Continue(ity),  
Dec = Decrease(ing), K = Knit, K2tog = Knit next 2 stitches together, P = Purl, Rem =  
Remain(ing), Rep = Repeat, St(s) = Stitch(es).



## Suitable colours:

Christmas colours - Red, green, teal and white. Ideally, the main colour would be red, teal and white and the bottom part of the beanie would be white.

## Instructions:

*Using contrast colour yarn, cast on 36sts*

*1<sup>st</sup> Row: S1, knit to end of row*

*Repeat this row 5 times more*

*Cut off contrast colour yarn and join in main colour*

*5<sup>th</sup> Row: S1, knit to end of row*

*6<sup>th</sup> Row: S1, purl to last st, k1*

*Repeat the last 2 rows six times more*

Shape Top ~

Next Row: \*K3, k2tog, repeat from \* to last st, k1 (29sts)

Next Row: S1, purl to last st, k1

Next Row: \*K2, k2tog, repeat from \* to last st, k1 (22sts)

Next Row: S1, purl to last st, k1

Next Row: \*K1, k2tog, repeat from \* to last st, k1 (15sts)

Next Row: S1, \* p2tog, repeat from \* to end (8sts)

Cut the yarn leaving a 'tail'.

With a yarn needle, pull the yarn through all the remaining loops and secure

Sew up side seam and weave in ends.

**Please note: While this is a suggested pattern, please feel free to use your own pattern, but please use Christmas colours for the beanies.**